

SEPT 2023 - JUNE 2024

Welcome to SPORTS

It is accessible for EVERYONE !



Activities	Timetable	Address
Fitness & Music (for ladies)	Monday 10:00-11:30 am	Centre socio-culturel du Perray street 1 Jules Grandjouan at Pin Sec station by tram 1
Gym physical maintenance	Tuesday 2:30-3:15 pm	Maison de quartier Madeleine Champs de Mars Street 22 Emile Pehant-Nantes
Gentle Gym	Tuesday 3:30-4:15 pm	meeting point at Hotel Dieu station by tram 2 or 3 at 2 o'clock
Gym physical maintenance	Wednesday 10:30-11:30 am	salle du DRAC, Bellevue at Lauriers station by tram 1 at 10:15
walking	Thursday 10:30-11:30 am	meeting point at Pirmil station, by tram 2 or 3
Leisure Football	Thursday 6-8 pm	Stade Mangin-Beaulieu meeting point Station Wattignies by tram 2 or 3
Multisport	Friday 9:30-12 am	Espace Agnès Varda Street 16 Pierre Landais
Bike learning	Friday 2-4 pm	Meeting point in front of the big Elephant
Swimming pool (to learn swim)	Mandatory to register	To define



Loic : 07 80 42 29 25
 Marlène : 06 45 93 81 00
 Volunteer : 07 88 17 05 33
 Pierre : 06 07 31 07 17

14 €/year

Medical certificate mandatory



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